

JMC COLLEGE

Carnation House champions



The annual sports meet of the JMC College International, Dematagoda Branch was held at the Sugathadasa Stadium in Colombo last week. Three houses namely

Jasmine, Manel and Carnation competed in the sports meet which was held for the 14th successive year. Carnation house emerged as the champions while Manel house followed in closely to end up as runners-up.

JMC International Schools has a network of 24 schools around the country and their Dematagoda branch is regarded as one of the leading institutions of all that promotes academic and extra

curricular activities. "Students at JMC are encouraged by the staff to get involved in extra curricular activities in sports and other fields. We try to give priority to sports as it helps the students

in building their character. It was nice to see children taking part with great keenness," said Kulasiri de Zoysa, the principal of JMC Dematagoda. Many events were on cards where athletes of all age categories

were able to display their talents at several events. Former captain of Sri Lanka cricket team and parliamentarian Arjuna Ranatunga graced the occasion as the chief guest. - NA



Pix by Indika Handuwela



Scrabble very popular at Hejaaz

Hejaaz International School, Mount Lavinia is an English medium school which promotes academic and extra curricular activities to enhance the lives of the students in its care.

In order to develop the students' literature level Hejaaz International School is promoting the board game of scrabble.

Scrabble, regarded as a popular mind sport today has become very popular at Hejaaz International School, since it was introduced in 2004. Under the guidance and expertise of veteran scrabble coach Laxman Cooray, the youngsters of Hejaaz International School are climbing the ladder of success day after day.

Today they have become a force to reckon with in the Sri Lankan Inter-Schools Scrabble Championship.

Currently the Hejaaz International School team is placed among the top ten of the Division 'A' tournament circuit and are focusing heavily on winning the title in this year's edition of the schools tournament. According to the teacher-in-charge, Romaine Navaratne, the tol-



The boys of Hejaaz at a scrabble practice session.

erant and nurturing eight years gone by are reaping the harvest.

"Our scrabble players took part in several schools competitions and have fared well. In 2011 our Under-15 team won the Schools Championship hosted by Lyceum Nugegoda. Ridwan Bary was adjudged the most outstanding player of the tournament.

This gives us great promise that we can certainly achieve more in the future," said Navaratne.

The management of Hejaaz

International School supports its scrabble players to the fullest and encourages them to be more prominent in the field. To add more pleasure to this effort the players follow extracurricular activities enthusiastically.

More importantly constant practice over the years has brought the boys to a standard that enables them to go out eagerly and compete with other schools in the arena. - NA

INTER-INTERNATIONAL SCHOOLS ATHLETIC CHAMPIONSHIP 2012

Lyceum Wattala International clinches overall C'ship

Lyceum International School, Wattala clinched the overall championship for the fourth consecutive year at the Inter-International Schools Athletic Championship 2012 which was held at the Mahinda Rajapaksa Stadium in Diyagama, Homagama recently. Lyceum Wattala amassed 1008 points and came clearly ahead of Gateway College Colombo by a margin of 110 points to take major honours at the 12th annual athletic meet for international schools.

Gateway who emerged runners-up in the three-day competition accumulated 898 points while Lyceum Nugegoda collected 646 points to win the third place. OKI School, Asian International, Colombo International Colombo, Royal Institute, Leeds International, Gateway Kandy and Stafford International finished respectively one after another in the list of top 10. Other schools that took part in the competition were Alethea International, Leighton Park, CIS Kandy, Regent International, Wyherley International, British



Kavishka Perera, the games captain and Genivi Caldera, the athletics captain of Lyceum International Wattala receiving the championship shield and award from former Sri Lanka cricket captain, Anura Tennakoon.

School, Belvoir College, St. Nicholas, Elizabeth Moir School, Burhani Serendib School, Ikra International and College of World Education.

Nadeeshani Henderson of Gateway College was adjudged the best female athlete for her record breaking performance of 25.48sec in the Under-20 girls 200m event while the same performance helped her in

clinching the best performer of the meet award. Lakshan Theishan of Gateway College won the best male athlete's award for his performance in the Under-20 boys 200m event where he clocked 22.65sec. Lyceum Wattala also bagged the Under-15 boys, Under-17 girls individual championships and the Under-13, 15 and 17 overall championships while claiming a few meet records.